



UNIUNEA EUROPEANĂ



Instrumente Structurale  
2014-2020

Proiect cofinanțat din Fondul Social European prin Programul Operațional CAPITAL UMAN 2014 – 2020

# GENETICA în lumea BOLILOR RARE

lanșarea proiectului PROGEN

20 aprilie 2018

Hotel Radisson Blu – București



INSTITUTUL  
FUNDENI



Prof. Dr. Emilia Severin  
UMF- Carol Davila, București



# CE SUNT BOLILE RARE ?

**350 de milioane de persoane la nivel mondial sunt afectate de o BOALA RARĂ.**



BR reprezintă o amenințare pentru sănătatea cetățenilor UE în măsura în care ele:

- sunt boli care pun în pericol viața sau
- provoacă o invaliditate cronică,
- având o prevalență redusă și un grad ridicat de complexitate.

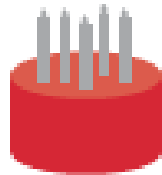
În ciuda rarității acestora, există atât de multe tipuri diferite de boli rare, încât milioane de oameni sunt afectați.

# BOLILE RARE : CIFRE și DATE

”Individually are rare, collectively are common”



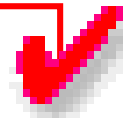
▶ It is estimated that **350 million people worldwide** suffer from rare diseases



▶ About **30% of children** with these debilitating diseases **will not live** to see their 5th birthday



▶ About **80%** of rare diseases are genetic



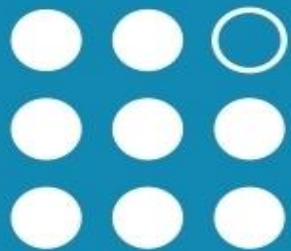
▶ Rare diseases **impact more people** than AIDS or cancer combined



▶ **95% of rare diseases** do not have a single FDA-approved drug treatment

Source: Global Genes

# BOLILE RARE : CIFRE și DATE



## Rare diseases aren't rare

In the US, a disease is considered rare if it affects fewer than 200,000 people nationwide.\*



Rare diseases affect up to

**30 million** people

in the United States alone.\*



**83%**

...of physicians agree genetic testing is useful in finding a diagnosis. ✓



# BOLILE RARE : CIFRE și DATE

The average time it takes a patient to get a diagnosis is 3.9 years.



Obstacles for patients in their diagnostic journey include...



**60%**  
...of patients incur an unexpected financial burden.



**29%**  
...of patients are going into debt.

**Genetic testing, helping you find answers.**

Transforming the way rare diseases are diagnosed.



INVITAE

\*As defined by the NIH.  
All other data from: Gandomi SK and Esplin ED. Rare Disease Diagnosis Obstacles: Patient Perspective and Physician Findings; Presented at the ACMG Annual Meeting, 2016 (Abstract #443).

© Invitae. All rights reserved.

# BOLILE RARE în CANADA

## RARE DISEASES AFFECT EVERYONE SUPPORT CANADA'S RARE DISEASE STRATEGY

### WHO IS IMPACTED ?

**1 in 12**  
Canadians has a rare disease



That's **MORE** than  
**2.8 MILLION!**

**2/3** of Canadians  
with Rare Diseases  
are Children



**30%**



of children with a rare disease  
will not reach their  
**5<sup>th</sup> birthday**

### WE NEED ACTION NOW !

Because patients face  
**huge challenges**

- Misdiagnosis
- Unnecessary surgeries
- Social isolation
- Financial hardship
- Lack of treatment options
- Early death

**1 in 3**  
can't access treatments



Canada's Rare  
Disease Strategy

**5**  
GOALS

- Early detection & prevention
- Quality care
- Community support
- Access to therapies
- Research



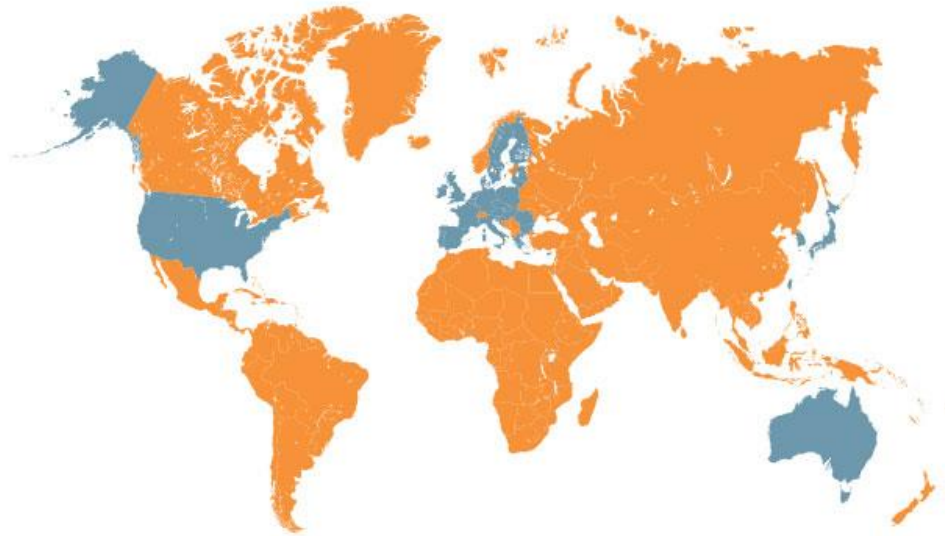
IS NOW LAUNCHING  
**RARE ALLIANCE CANADA**



We call on governments  
to join the Alliance and  
support the Strategy!

**#Canada4Rare**

**SINGAPORE JAPAN**  
**AUSTRALIA THE EU**  
**TAIWAN SOUTH KOREA**



**THESE COUNTRIES IMPLEMENTED  
ORPHAN DRUG LEGISLATION  
AFTER THE US PASSED THE  
ORPHAN DRUG ACT**



# DE CE SUNT SPECIFICE BOLILE RARE ?

- BR sunt o problemă de sănătate publică pretutindeni în lume (una dintre cele mai mari comunități de pacienți din lume);
- Persoanele cu BR au **NEVOI SPECIALE**;
- NECESITĂ îngrijiri medicale ultraspecializate (de înaltă calitate și sigure), servicii sociale și sprijin specific;

BR sunt o **PRIORITATE**

În strategiile de sănătate naționale dar și o **STRATEGIE GLOBALĂ** bazată pe cooperare, colaborare și reglementare la nivel mondial ( reunirea expertizei și utilizarea eficientă a resurselor disponibile).

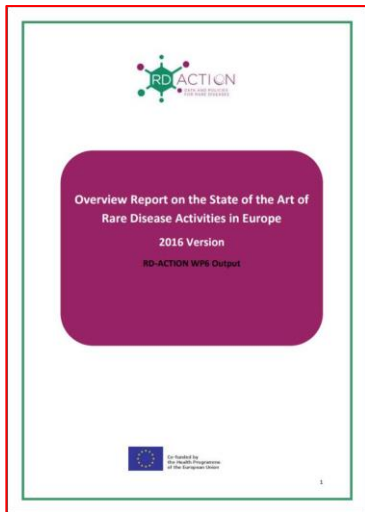
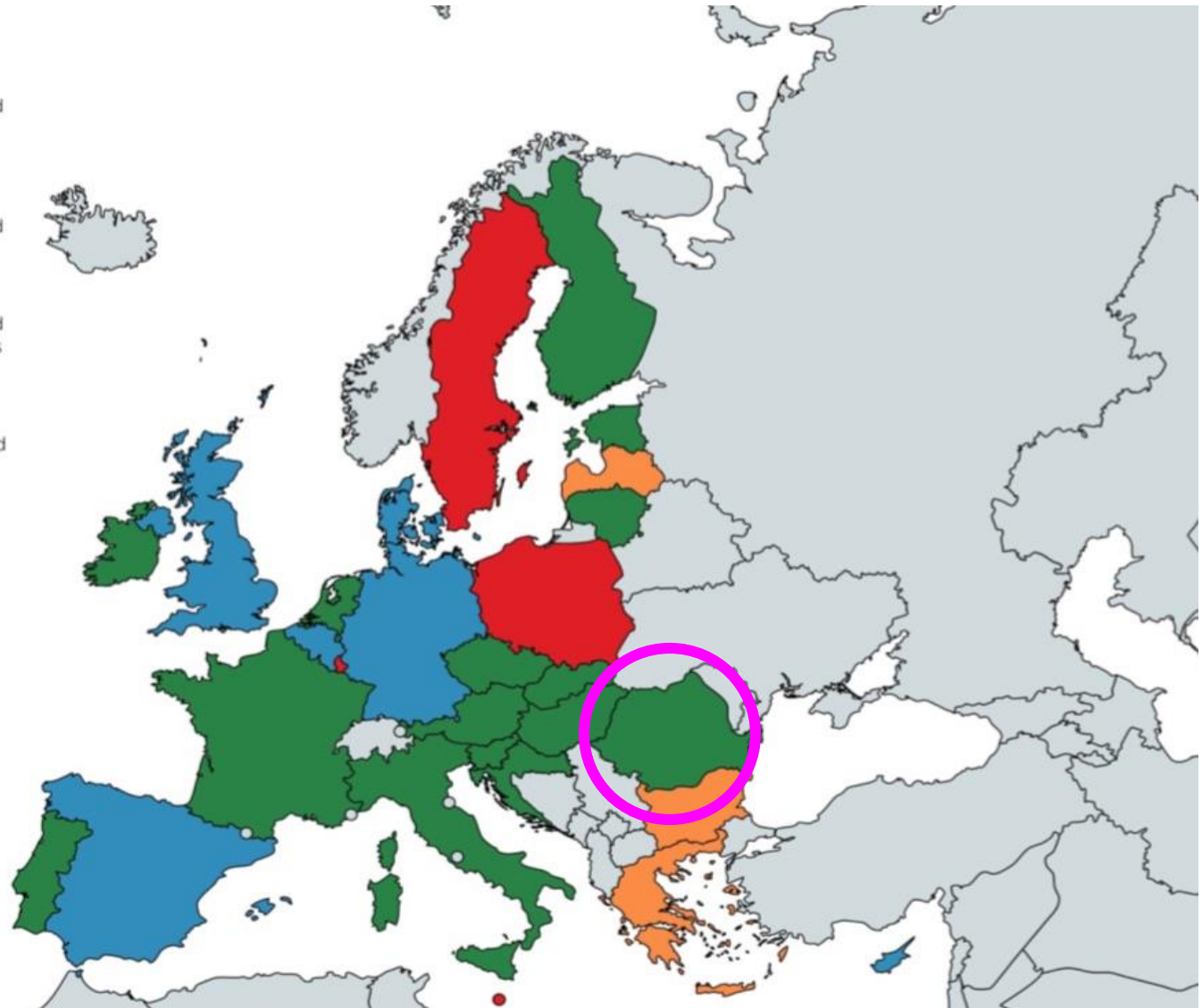


**1 din 2000  
europeni este  
afectat de o  
boală rară.**

# BOLILE RARE în EUROPA

## Status of National Plans/Strategies

-  Countries which have adopted a NP/NS without a clear end date and which can therefore be considered on going and active
-  Countries which have adopted a time-bound NP/NS, where a NP/NS is still in date (as of end of 2016)
-  Countries which have adopted a time-bound NP/NS which has expired and not yet been renewed
-  Countries which had not adopted a NP/NS as of the end of 2016



# POLITICA de sănătate europeană pentru bolile rare



## SCOP:

1.

reducerea morbidității semnificative și evitarea unei mortalități premature;

2.

îmbunătățirea calității vieții pacienților cu BR;

3.

îmbunătățirea potențialului socio-economic al persoanelor afectate.

# POLITICA de sănătate europeană pentru bolile rare



## ACTIVITĂȚI PRIORITARE:

**1.**

DEFINIREA, CODIFICAREA ȘI INVENTARIEREA  
ADECVATE BOLILOR RARE

**2.**

PLANURI ȘI STRATEGII NATIONALE ÎN DOMENIUL  
BOLILOR RARE

**3.**

CERCETAREA ȘTIINȚIFICĂ ÎN DOMENIUL BOLILE  
RARE



# POLITICA de sănătate europeană pentru bolile rare



## ACTIVITĂȚI PRIORITARE:

**4.**

REUNIREA EXPERTIZEI ÎN DOMENIUL BOLILOR RARE LA NIVEL EUROPEAN

**5.**

RESPONSABILIZAREA ORGANIZAȚIILOR DE PACIENȚI

**6.**

CENTRE DE EXPERTIZĂ ȘI REȚELE EUROPENE DE REFERINȚĂ PENTRU BOLILE RARE

**7.**

DURABILITATE

# INTEGRATED CARE FOR RARE DISEASES: BRIDGING THE GAP TO IMPROVE THE LIVES OF 30 MILLION PEOPLE IN EUROPE

## RARE DISEASES



Rare, complex,  
chronic, disabling

**30**  
million

people affected  
in Europe

Fewer than  
**1 in 2000**

people affected by  
each rare disease



No cure for the vast  
majority and few  
treatments available



Expertise and knowledge on  
their consequences are scarce  
and difficult to access

## PEOPLE LIVING WITH A RARE DISEASE AND THEIR CARERS FACE SERIOUS CARE BURDEN<sup>1</sup>

**65%**

have to visit different health,  
social and local services in  
a short period of time



**67%**

feel that these services  
communicate badly  
between each other



**7 in 10**

do not feel well informed  
about their rights

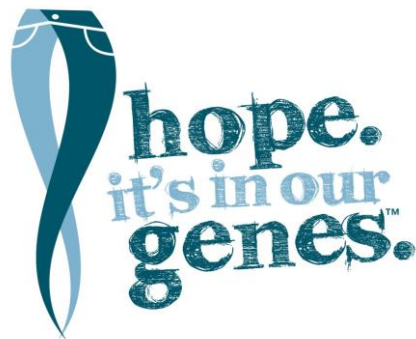


**7 in 10**

find that organising care is  
time-consuming; 6 in 10  
find it hard to manage



**INTEGRATED HEALTH AND SOCIAL CARE IS ESSENTIAL TO  
ENABLE PEOPLE LIVING WITH A RARE DISEASE TO**



The technological push toward reforming a healthcare system to adopt the ethos of personalized medicine—that the right drug be given to the right patient at the right time.

PROACTIVE VERSUS REACTIVE MEDICINE



**“Genomics and Personalized Medicine Empower People to Save Their Own Lives”**



OMIM

**OMIM**

OMIM is a comprehensive, authoritative compendium of human genes and genetic phenotypes that is freely available and updated daily. OMIM is authored and edited at the McKusick-Nathans Institute of Genetic Medicine, Johns Hopkins University School of Medicine, under the direction of Dr. Ada Hamosh. Its official home is [omim.org](http://omim.org).

January 7<sup>th</sup>, 2017

**4,919 confirmed Genetic disorders**  
(phenotype and known gene)

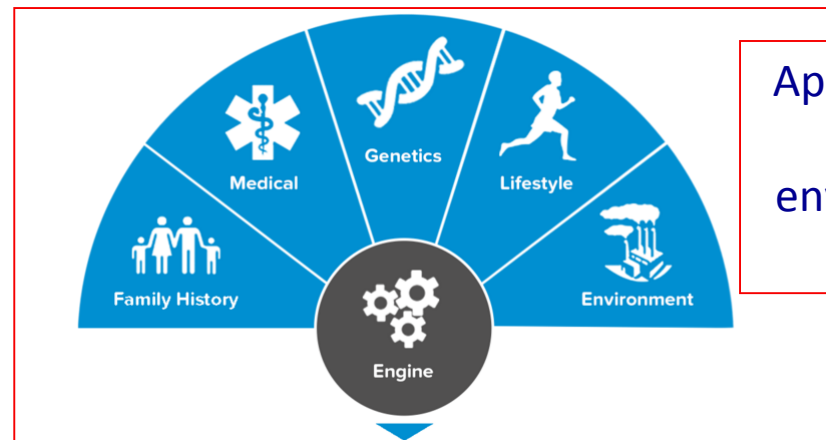
Heterogeneous disorders are broken down into subtypes for each different gene.  
Growing focus on genetic subtypes, because many new therapies are gene-specific, or even mutation specific.



“individual’s genetic profile to guide decisions made in regard to the prevention, diagnosis, and treatment of disease.”

**Genomic Sequencing:** A laboratory method that is used to determine the entire genetic makeup of a specific organism or cell type. This method can be used to find changes in areas of the genome that may be important in the development of specific diseases, such as cancer.

**Personalized Medicine:** Sometimes referred to as precision or individualized medicine, personalized medicine, is an emerging field of medicine that uses diagnostic tools to identify specific biological markers, often genetic, to help assess which medical treatments and procedures will be best for each patient.



Approaches will be effective based on **GENETIC**, environmental, and lifestyle factors.



# GENETIC TESTING

NHGRI FACT SHEETS

genome.gov

## Genetic Tests Can Help to:



Diagnose Your Disease



Pinpoint Genetic Factors That Caused Your Disease



Predict How Severe Your Disease Might Be



Choose the Best Medicine and Correct Dose



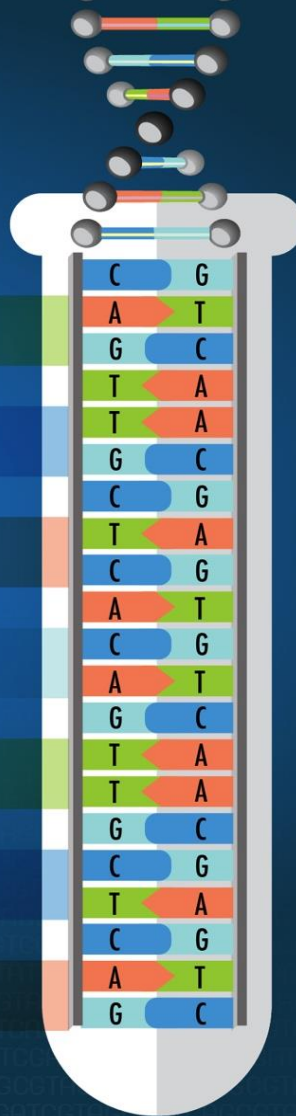
Discover Genetic Factors That Increase Your Disease Risk



Find Genetic Factors That Could Be Passed to Your Children



Screen Newborns for Certain Treatable Conditions



## 7 REASONS TO USE GENETIC TESTING:

1. Diagnostic
2. Identificarea cu precizie a factorilor genetici care cauzează o boală
3. Predicția severității bolii
4. Alegerea corectă a medicamentului și dozei
5. Detectarea factorilor genetici care cresc riscul de îmbolnăvire
6. Factorii genetici de risc pentru descendenți
7. Screening-ul NN pentru afecțiuni tratabile.

# Choosing the right DNA test for your needs

Discuss your DNA questions with your healthcare provider he/she may be able to guide you in your kit considerations, and those surrounding chronic disease.

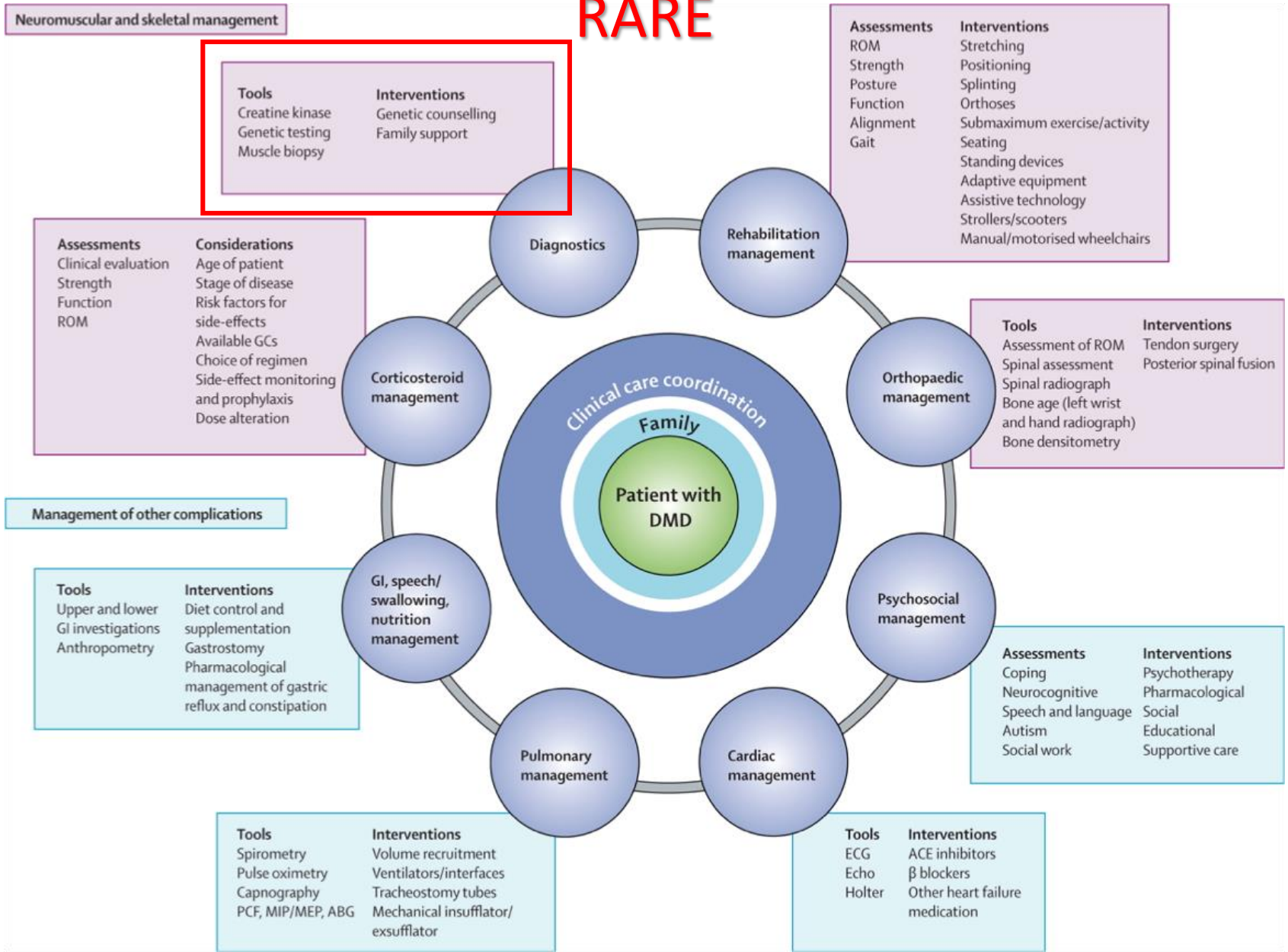
**Consider the financial cost, benefits, limits.**

Be mindful of the significance and impact the results will have on you and others.



# ABORDAREA MULTIDISCIPLINARĂ A BOLILOR

## RARE





# Patients with rare genetic diseases are among the first beneficiaries of the NGS revolution

Translation of next-generation sequencing into clinical diagnostics for patients with rare diseases

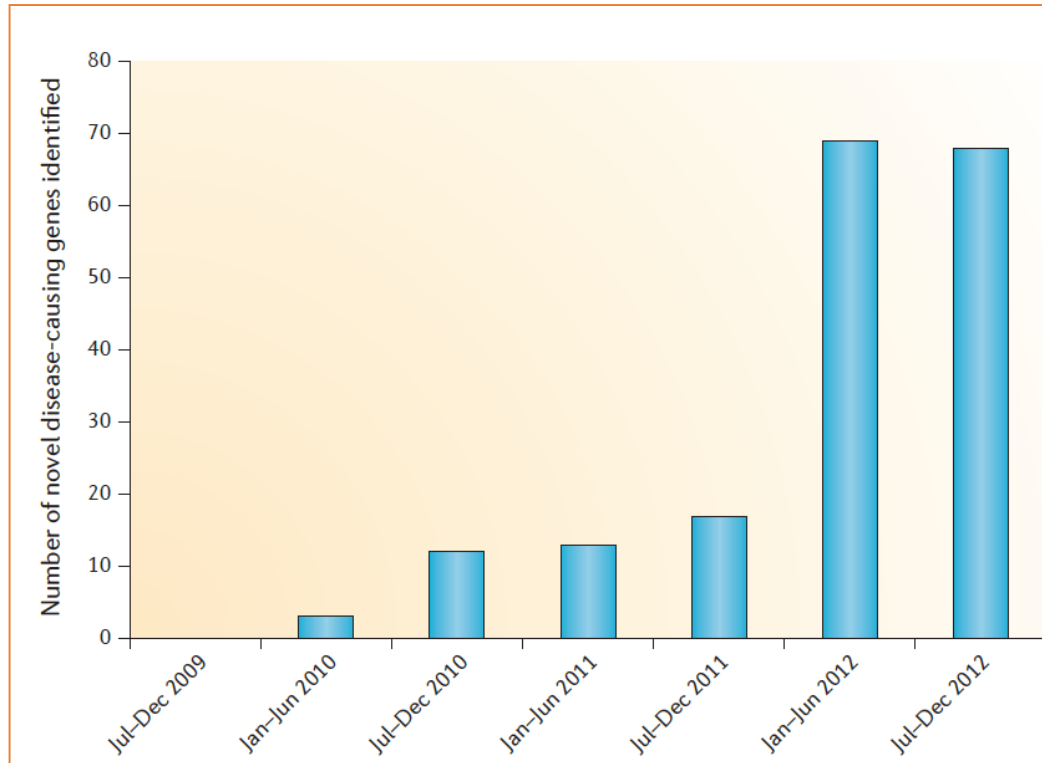



Figure 1 | **Pace of discovery of novel rare-disease-causing genes using whole-exome sequencing.** Since the first whole-exome sequencing (WES) proof-of-concept experiment<sup>41</sup>, the discovery of disease-causing genes using WES has increased rapidly, with a marked jump from 2011 to 2012 and a stabilization of this rate in the latter half of 2012. More than 180 novel genes have been discovered in this manner. As next-generation sequencing technology becomes less costly and more widely used, we anticipate another jump in the rate of discovery, provided that the infrastructure for the large-scale sharing of deep phenotypic and genetic data sets emerges. □

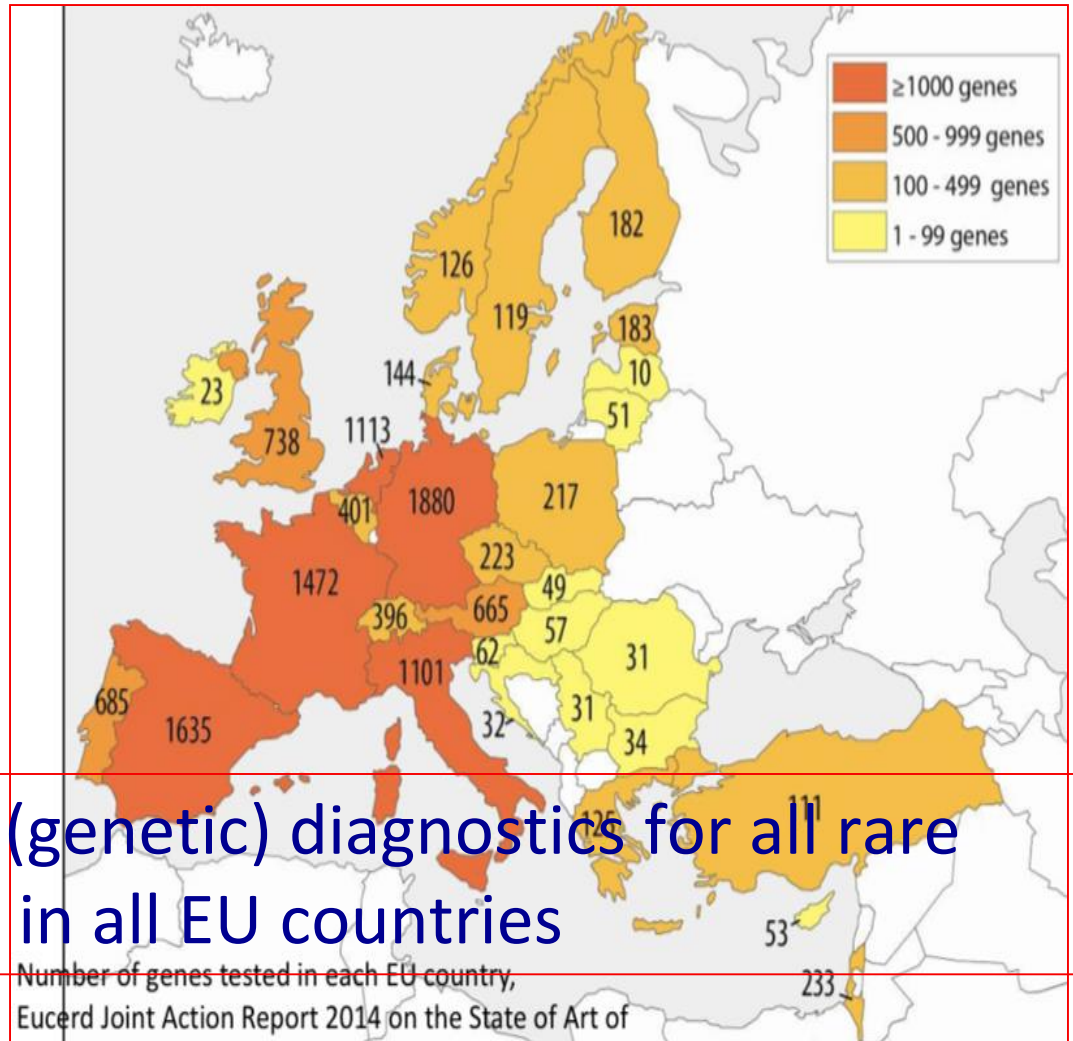
# CROSS BORDER GENETIC TESTING OF RARE DISEASES

 Commission Expert Group on Rare Diseases

Recommendation on  
CROSS BORDER GENETIC TESTING OF RARE DISEASES IN  
THE EUROPEAN UNION

13 November 2015

To improve access to (genetic) diagnostics for all rare diseases in all EU countries



# CONCLUSIONS



**R.A.R.E.**  
RARE DISEASE. AWARENESS. RESEARCH. EDUCATION.  
A DISEASE MAY BE RARE  
BUT HOPE SHOULD NOT BE



*Hope,  
it's in my genes*  
*Nico, age 9, Undiagnosed*



10 000 thanks!!!



